



MOD MEALS

28 MEAL PACK ORDER FORM

Name:

Surgery:

Date:

Meal	QTY
Slow Cooked Pork with Apple & Sage Sauce	
Cajun Spiced Fish with Pumpkin, Sweet Potato and Béchamel Sauce	
Beef Stroganoff	
Salmon Mornay	
Chili Con Carne	
Cauliflower Crust Shepherd's Pie	
Green Curry Soup with Tofu and Broccoli	
Chicken & Lentil Pumpkin Curry	

PLEASE HAND IN YOUR COMPLETED FORM TO WEIGHT AND METABOLIC SOLUTIONS AUSTRALIA WHEN YOU COLLECT YOUR MEALS.

Please ensure the quantity selected above is for 28 meals, if a different quantity is selected the Mod Meals team will pick your meals as best we can. All order forms need to be submitted before COB Thursday of each week to ensure the meals are ready for pick up the proceeding Monday.

Pick Up Point:

Weight and Metabolic Solutions Australia
Suite D Ramsay Place
137 Flockton Street
Everton Park QLD 4053
